

Self-paced study of recommended material for Module 1

Sample Ashoka fellows' profiles - <https://www.ashoka.org/en-us/story/meet-our-2022-ashoka-fellows>

Supporting system changers – self-study resources from ASHOKA - <https://fellowship-europe.ashoka.org/supporting-system-changers-role-system-thinking-leadership-and-wellbeing>

Changemakers as Digital Makers by Emma Whewell - <https://link.springer.com/article/10.1007/s10639-022-10892-1>

What inner qualities should a sustainability changemaker have – interview with Kristian Stalne - <https://www.innerdevelopmentgoals.org/resources>

Recipes for changemakers' well-being - <https://www.recipesforwellbeing.org/recipes/>

Mindfulness toolkit - <https://www.salto-youth.net/tools/toolbox/tool/mindfulness-toolkit.3232/>

The changemaker Xchange resources - <https://changemakerxchange.org/resources/>